If participants experience any psychological distress as a result of participating in the study, they will be provided with the following resources:

UTEP counseling center

* <https://www.utep.edu/student-affairs/counsel/>
* Available to UTEP students
* Provides counseling services, as well as emergency services

Emergence Health Network

* <https://emergencehealthnetwork.org/>
* Offers counseling services and other mental health resources for El Pasoans
* Crisis Hotline: 915-779-1800

El Paso United Family Resiliency Center

* (915) 775-2783
* Provides help for those with needs tied to Aug. 3, 2019 shooting in some way, broadly defined, including mental health services

COVID-19 Mental Health Support Hotline

* (915) 779-1800
* Free counseling services available to residents of El Paso and the Midland/Odessa area for mental health concerns related to COVID-19

Tips for managing mental health during an election year:

* <http://blog.umd.edu/terpstakecare/managing-your-mental-health-in-an-election-year/>
* <https://www.nbcnews.com/better/lifestyle/election-stress-disorder-how-cope-anxiety-political-tensions-intensify-ncna1146951>
* <https://www.choosingtherapy.com/election-anxiety-depression/>
* <https://adultmentalhealth.org/how-to-cope-with-stress-caused-by-the-election-everday-health/>

National crisis hotlines:

* National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
* Lifeline Crisis Chat:  [Live Online Messaging](https://suicidepreventionlifeline.org/chat/)
* GLBT Hotline: 1-888-843-4564
* TREVOR Crisis Hotline: 1-866-488-7386
* National Depressive/Manic-Depressive Association Hotline at 1-800-826-3632